1. Wellness plan
a. Onsite biometric screening to be in March 2019
b. Premium differential will apply to employee rates effective Jan. 2020
i. Differential amount $\qquad$
c. If employee doesn't attend the onsite screening they are required to have the physician form completed by: $\qquad$
2. Plan design changes:
a. Remove Buy Up plan, only offer one plan YES - NO
b. Change Out of Network Co-insurance to $50 \%$ YES - NO
c. Require Prior Authorization on outpatient surgeries, advanced imaging, air ambulance transport YES - NO
d. No coverage for Out of Network Outpatient facilities YES - NO
e. Offer MASA Medical Transport Solutions as a voluntary plan YES - NO
3. Change Dental to a 4 tier rate structure YES - NO
4. Medical premium rate changes:

| BASE PLAN RATES |  |  |  |
| :--- | :---: | :---: | :---: |
| EMPLOYEE <br> PAYROLL | Current | Proposed |  |
| Employee Only | $\$ 0.00$ | $\$ 0.00$ |  |
| Employee + Children | $\$ 150.00$ | $\$ 175.00$ |  |
| Employee + Spouse | $\$ 187.50$ | $\$ 212.50$ |  |
| Employee + Family | $\$ 262.50$ | $\$ 300.00$ |  |


| BASE PLAN RATES |  |  |  |
| :--- | :---: | :---: | :---: |
| EMPLOYEE <br> MONTHLY | Current | Proposed |  |
| Employee Only | $\$ 0.00$ | $\$ 0.00$ |  |
| Employee + Children | $\$ 300.00$ | $\$ 350.00$ |  |
| Employee + Spouse | $\$ 375.00$ | $\$ 425.00$ |  |
| Employee + Family | $\$ 525.00$ | $\$ 600.00$ |  |

5. Correct COBRA rates to have a separate set of rates for Medical and Dental. YES - NO
a. New Rates:

| EMPLOYEE MONTHLY |  | Medical |
| :--- | :--- | :--- |
| Dental |  |  |
| Employee Only |  |  |
| Employee + Children |  |  |
| Employee + Spouse |  |  |
| Employee + Family |  |  |


| Medical Coverage |  |  |  |  |  |  | nefits uary 1, | $\begin{aligned} & \text { egin } \\ & 2018 \end{aligned}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | 2017 |  |  |  | 2018 |  |  |  |
|  | In Network | Plan <br> Out Of <br> Network | In Network | Plan <br> Out Of <br> Network | New Ba <br> In Network | ase Plan <br> Out Of <br> Network | New Bu <br> In Network | y Up Plan <br> Out Of <br> Network |
| Annual Deductible | $\begin{gathered} \$ 1,000 \\ \text { Individual } \end{gathered}$ | $\$ 3,000$ <br> Individual | $\$ 850$ <br> Individual | $\begin{gathered} \$ 1,500 \\ \text { Individual } \end{gathered}$ | $\begin{gathered} \$ 1250 \\ \text { Individual } \end{gathered}$ | $\$ 3,000$ | $\$ 850$ <br> Individual | $\begin{aligned} & \$ 1,500 \\ & \text { Individual } \end{aligned}$ |
|  | $\begin{aligned} & \$ 3,000 \\ & \text { Family } \\ & \hline \end{aligned}$ | \$6,000 <br> Family | $\begin{aligned} & \$ 2,550 \\ & \text { Family } \end{aligned}$ | $\begin{aligned} & \$ 4,500 \\ & \text { Family } \\ & \hline \end{aligned}$ | $\begin{aligned} & \$ 3,750 \\ & \text { Family } \\ & \hline \end{aligned}$ | $\$ 6,000$ <br> Family | $\begin{aligned} & \$ 2,550 \\ & \text { Family } \\ & \hline \end{aligned}$ | $\$ 4,500$ <br> Family |
| Annual Maximum Out of Pocket (Includes deductible \& medical / dental copays) | $\begin{gathered} \$ 6,550 \\ \text { Individual } \end{gathered}$ | $\begin{aligned} & \$ 12,000 \\ & \text { Individual } \end{aligned}$ | $\$ 4,000$ Individual | $\begin{aligned} & \$ 6,000 \\ & \text { Individual } \end{aligned}$ | $\begin{aligned} & \$ 6,550 \\ & \text { Individual } \end{aligned}$ | $\begin{aligned} & \$ 12,000 \\ & \text { Individual } \end{aligned}$ | $\$ 4,000$ <br> Individual | $\begin{aligned} & \$ 6,000 \\ & \text { Individual } \end{aligned}$ |
|  | $\begin{gathered} \$ 13,100 \\ \text { Family } \\ \hline \end{gathered}$ | $\$ 24,000$ <br> Family | $\begin{aligned} & \$ 8,000 \\ & \text { Family } \\ & \hline \end{aligned}$ | $\begin{gathered} \$ 12,000 \\ \text { Family } \\ \hline \end{gathered}$ | $\begin{gathered} \$ 13,100 \\ \text { Family } \\ \hline \end{gathered}$ | $\begin{gathered} \$ 24,000 \\ \text { Family } \\ \hline \end{gathered}$ | $\begin{aligned} & \$ 8,000 \\ & \text { Family } \\ & \hline \end{aligned}$ | $\begin{gathered} \$ 12,000 \\ \text { Family } \\ \hline \end{gathered}$ |
| Coinsurance | 80\% | 60\% | 80\% | 60\% | 70\% | 60\% | 80\% | 60\% |
| Physician Fees |  |  |  |  |  |  |  |  |
| Office Visit (routine X-ray \& Lab billed with Dr visit) | \$25 Copay | 50\% after <br> Deductible | \$25 Copay | 60\% after <br> Deductible | \$30 Copay | $60 \%$ after <br> Deductible | \$25 Copay | 60\% after <br> Deductible |
| Teladoc | \$0 Copay |  | \$40 Copay |  | \$0 Copay |  | \$0 Copay |  |
| Urgent Care | \$75 | Ded/Co-Ins | \$60 | $\$ 100 \text { copay }$ $\text { then } 60 \%$ | \$75 | Ded/Co-Ins | \$60 | $\begin{aligned} & \$ 100 \text { copay } \\ & \text { then } 60 \% \end{aligned}$ |
| Emergency Care |  |  |  |  |  |  |  |  |
| True Emergency determined | \$200 Copay |  | \$200 Copay |  | \$200 Copay |  | \$200 Copay |  |
| Non True Emergency determined | 80\% After Deductible |  | 80\% After Deductible |  | 70\% After Deductible |  | 80\% After Deductible |  |
| Prescription Drugs 30 day supply |  |  |  |  |  |  |  |  |
|  |  |  |  |  | Retail copay | Maintenance RX at retail pharmacy* | Retail copay | Maintenance RX at retail pharmacy* |
| Generic | \$5 |  | \$5 |  | \$5 | \$15 | \$5 | \$15 |
| Brand Name | \$25 |  | \$25 |  | \$25 | \$50 | \$25 | \$50 |
| Non Preferred Brand | \$50 |  | \$50 |  | \$50 | \$100 | \$50 | \$100 |
| Specialty | \$150 |  | \$150 |  | \$150 | \$300 | \$150 | \$300 |
| Employee Payroll Deduction |  |  |  |  | Base Plan |  | Buy Up Plan |  |
| Employee Only | \$0.00 |  | \$0.00 |  | \$0.00 |  | \$50.00 |  |
| Employee + Children | \$150.00 |  | \$250.00 |  | \$150.00 |  | \$250.00 |  |
| Employee + Spouse | \$175.00 |  | \$275.00 |  | \$187.50 |  | \$300.00 |  |
| Employee + Family | \$200.00 |  | \$325.00 |  | \$262.50 |  | \$400.00 |  |
| *You will be allowed 2 fills at a local pharmacy on any maintenance drug before the drug copay increases. To avoid this increase in cost enroll in the OptumRX Mail Service Pharmacy (more info on page.7) |  |  |  |  |  |  |  |  |
| H) HIGGINBOTHAM ${ }^{\text {w }}$ |  |  | $4$ |  |  |  |  |  |


| 2018 Dental Rates |  |
| :---: | :---: |
| Dependent Coverage | Per Employee Paycheck |
| Employee Only | \$0.00 |
| Employee + 1 Dependent | \$5.74 |
| Employee + 2 or more Dependents | \$11.74 |
| Dental Benefits |  |
| Calendar Year Deductible | \$50 individual |
| Calendar Year Maximum Benefit | \$1,200 |
| Preventive Treatment | 100\% (deductible waived) |
| Cleaning \& Exam | 1 every 6months |
| Bitewings | 1 series per 6months |
| Fluoride Treatment | under age 19 (2 per 12months) |
| Basic Treatment | 80\% |
| Major Treatment | 50\% |
| Waiting Period | None |
| Orthodontia Benefit | \$1,000 lifetime max up to age 18 |
| Sealants | Not Covered |

This is only a brief summary of benefits. Please refer to certificate of coverage for your complete plan description.

# TITUS COUNTY COBRA RATES 2018 

BASE PLAN BUY UP PLAN
$\$ 892.50$ EMPLOYEE ONLY ..... $\$ 994.50$
$\$ 1222.45$ EMPLOYEE+CHILD(REN) \$ 1426.45
$\$ 1286.70$ EMPLOYEE + SPOUSE $\$ 1516.20$
$\$ 1451.95$ EMPLOYEE + FAMILY ..... $\$ 1732.45$

## UMR Suggested COBRA Rate Calculation

## Titus County

Dental
Effective Date: 01/01/18

| Plan name | SUGGESTEUCOBRRARates <br> including 2\% |  |
| :---: | :---: | :---: |
| Dental | ee only | $\$ 28.37$ |
| Dental | ee+s | $\$ 56.74$ |
| Dental | eetc | $\$ 53.90$ |
| Dental | ee+f | $\$ 96.45$ |

Needed rates/revenue for the plan include: claims, administration fees for TPA services, network, care management and other services plus stop loss premiums. Other potential costs or liabilities can include amounts for Aggregating Specific arrangements and amounts above the case individual stop loss limit (ie. "Lasered" claim amounts). The law allows for an additional $2 \%$ to be included for COBRA administration.

Projected Needed cost PEPM is compared to Current Composite PEPM revenue to develop a percentage needed adjustment to current COBRA rates.

| Assumptions: | EXPECTED |
| :---: | :---: |

Note: Rates do not include any adjustment for employer funded amounts for HRA or HSA plans.

Statutory Basis for Calculating Cobra Rates
Section $4980(f)(4)(B)$ of the Intemal Revenue Code define applicable premium, as it relates to COBRA for a self-funded plan, as an amount that is equal to a "reasonable estimate of the cost of providing coverage" under the plan to similarly situated active employees.
The section goes on to provide two acceptable methods for the calculation of COBRA premium rates for a self-funded plan:
The use of an actuanally sound model that accounts for factors such as changes in covered lives, excess claims and the cost of inflation
2 The use of the prior years COBRA rates adjusted (up or down) by the Implicit Price Deflator (IPD) for the Gross National Product (GNP) as of the end of the sixth month of the prior year.


| 2018 Dental Rates |  |
| :---: | :---: |
| Dependent Coverage | Per Employee Paycheck |
| Employee Only | \$0.00 |
| Employee + 1 Dependent | \$5.74 |
| Employee +2 or more Dependents | \$11.74 |
| Dental Benefits |  |
| Calendar Year Deductible | \$50 individual |
| Calendar Year Maximum Benefit | \$1,200 |
| Preventive Treatment | 100\% (deductible waived) |
| Cleaning \& Exam | 1 every 6months |
| Bitewings | 1 series per 6 months |
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| Basic Treatment | 80\% |
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